

COD BALLS

WITH CORIANDER AND LEMON GRASS

INGREDIENTS:

500g cod

250g cooked potato

4 tablespoons flour

2 tablespoons olive oil

1 garlic clove

1 tablespoon each chopped chives and chopped coriander

1 red chilli

1 blade lemon grass

Juice of two limes

TIME: 20 mins + 2 hours

SERVING: 4 people



Whizz the fish in the bowl of a food processor for five or six seconds. Peel and grate the potatoes, finely chop the chives, coriander, garlic, lemon grass and chilli and place in a bowl with the fish and flour and plenty of salt and pepper. Mix well with a fork, shape into walnut-sized balls and refrigerate for two hours. Heat the oil in a frying pan and cook the balls over a medium heat until browned all over. Sprinkle with lime juice (microwave the limes for 20 seconds to extract more juice from them) just before serving.

Enjoy! Malcolm & Julie Pyne

YOUR NOTES:

